

## Updated Mask Guidance

As of 6.10.2020

**Why is it important to follow these mask guidelines?** Governor Wolf announced on April 3, that all Pennsylvanians are encouraged to wear masks when not at home. This is even more important for us in long-term care. Studies have shown that even someone with NO symptoms can expose others the same way someone WITH symptoms can. You should assume that YOU are the one that is infecting others and protect them from your droplets. Masks MUST be worn correctly; covering your mouth and nose at all times. Remember to perform hand hygiene OFTEN -- especially if touching your face or the outside of your mask.



### Here is more guidance for specific groups of team members:

#### **For Direct Care staff & Screeners:**

- **Who:** All team members in EL and Nursing (includes Cura, Housekeeping, etc.) & Screeners
- **What:** Yellow procedure mask (provided by Messiah Lifeways) + Face Shield
- **Why:** Team members fall into a high risk category of those that may contract or spread Covid-19. Wearing masks will decrease droplet exposure and risk of spread.
- **When:** Every day - one mask per shift; all team members should have received their own face shield to decontaminate and reuse each day
- To preserve our supply of PPE, follow these Mask Re-use Instructions:

- After use, store in a brown paper bag. Label the brown bag with your name and mark the front of the bag with an “F”
- Always place your mask in the brown bag in the same position (front facing the “F” on your bag) to keep the inside of your mask clean
- After the first use of your mask, any time you touch your mask (ex. after applying, after removing, if touching during care) you **MUST** perform hand hygiene
- **If the mask becomes visibly soiled/contaminated with blood, respiratory or nasal secretions, or other bodily fluids, it MUST be discarded.**
- Please only use 1 mask per shift unless it becomes soiled.

**For Non-Direct Care staff:**

- **Who:** All team members in non-direct care roles (ie. Office & Support staff)
- **What:** Fabric mask
- **Why:** Team members fall into a high risk category of those that may contract or spread Covid-19. Wearing masks will decrease droplet exposure and risk of spread.
- **When:** Every day when working **on site**. If you are in your private office space, you do not need to keep the mask on. However, if you go into common office space or other areas of the building we ask that you put your mask on. Please keep your movements through the building to a minimum and try to conduct all meetings and conversations over the phone or on Google Hangouts.
- To preserve our supply of PPE, follow these Mask Re-use Instructions:
  - We recommend laundering the masks before first use
  - Launder these masks at the end of each shift, then re-use on a daily basis
  - After the first use of your mask, any time you touch your mask (ex. after applying, after removing, if touching during the day) you **MUST** perform hand hygiene
  - **If the mask becomes visibly soiled/contaminated with blood, respiratory or nasal secretions, or other bodily fluids, it MUST be removed and laundered.**