

MESSIAH LIFEWAYS

Rehab



For adults 55 and better living on the campus of Messiah Lifeways at Messiah Village, Messiah Lifeways Rehab provides consistent, high-quality outcomes. Our services offer healing and hope by promoting each individual's maximum level of function and independence.

Messiah Lifeways® Rehab provides physical, occupational and speech therapy and is committed to getting you on the road to recovery and back to functioning at the highest level possible. Based upon physician referral, our rehab staff works with you to meet your specific goals on an inpatient or outpatient basis for a variety of injuries and illnesses, including stroke, hip and knee replacements, degenerative neurological and orthopedic disorders and impairments. Rehab residents have access to our warm saltwater pool, state-of-the-art treatment gyms and exercise rooms.

Common problems that benefit from rehabilitative services include:

- Functional limitations following surgical procedures such as joint replacements
- Impaired ability to transfer or ambulate
- Balance and coordination impairments
- Difficulty swallowing
- Difficulty with activities of daily living (bathing, dressing, etc.)
- Cognitive/perceptual or speech/language problems
- Weakness or limited motion of arms and/or legs
- Memory Impairment
- Speech Intelligibility
- Difficulty working or functioning in the community due to physical impairment
- Cardiac and endurance problems
- Pain in back or joints
- Dizziness or vertigo
- Excessive weight gain or loss



Outpatient Rehabilitation Services

Outpatient rehab services are available with a physician referral for those suffering from various injuries or illnesses. Our dedicated and caring therapy staff provides Messiah Lifeways at Messiah Village residents with the care they need. Rehab services are provided in our state-of-the-art treatment gyms in our outpatient center on the Messiah Village campus. We also offer outpatient Rehab services at our Mount Joy location.

Additional services include:

- Resident/client education
- Assistance with reading/writing skills
- Home evaluations for maintaining safety and improving function in your home
- Vestibular rehabilitation
- Resource information and recommendations for in-home services and durable medical equipment
- Safety and balance training
- Pain management
- Adaptive equipment training
- Seating and positioning training
- Establish personalized home exercise program

Our interdisciplinary team of caring and experienced therapists create individualized treatment plans based on each person's abilities and goals for recovery. They treat persons with kindness and respect while promoting maximum health and restoration. Many of the rehabilitation services are covered by most major medical insurance carriers, including Medicare.

Messiah Lifeways welcomes all, regardless of race, color, religion, sex, familial status, disability, or national origin.



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