

West Shore Senior Center Newsletter



September & October 2021

Exciting Events Happening!



We are beginning September with an Apple dumpling fundraiser which we hope will become an annual event shared with the Mechanicsburg Place Senior Center! Please see Erin Grable or Jen Steck to order and pay. All orders and payments are due by Wednesday, September 22. We will be making apple dumplings at Mechanicsburg Place from September 27-29. Then, we will bake the dumplings at WSSC on September 30 and October 1. Pick up will be Monday, October 4 at both centers. Volunteers and supplies are needed. Please see Erin for the donation list.

We will be having a yard/food sale on Saturday, September 25 from 9 am to 1 pm during the New Cumberland Apple Festival. If you would like to volunteer your time to help organize items, price items, or even come hang out with Erin and Jen that Saturday we welcome everyone to join us! Please reach out to Erin to discuss how you can help.

Active Aging Week is October 4-8. Please see the calendar for special events that will be held each day. Come ready to be active and have some fun! Friday, October 8, all Cumberland County Senior Centers will be closed for a huge picnic that will be held in Newville. Please see the receptionist to register for this event.

The Doubling Gap Fall Event has returned. All Cumberland County Senior Centers will be closed on Friday, Oct. 29 to hold this special event. Rabbit Transit will be offering transportation if you are already registered with their service. Please see Erin to sign up for transportation for this event. More information on the event will be posted as we get closer to the event.

Trips Are Returning!

WSSC is going on a one-day event at Camp Eder in Fairfield. The cost is \$18 per person and includes continental breakfast, lunch, and presentations and activities for the day. We will be carpooling for this event. Must register and pay by Sept. 9.

Messiah Lifeways has two overnight trips planned (Cape May, Sept. 20-22 and Williamsburg, VA, Dec. 1-3). Register with Chrylann Deck by calling 717.591.7203. More information on the bulletin board at WSSC.

We are joining with the Shippensburg Senior Center to attend Dutch Apple Theatre for a one day trip on Wednesday, December 22 to see "Miracle on 34th Street." Cost is \$85/per person and includes your transportation, show, and meal. Tickets on sale now. Get your ticket before it is sold out. See Erin to register.

Message from the Manager:

Happy Fall Everyone! Our number of member participation continues to go up every week! It has been very exciting to see and get to know all of you, and I look forward to what the next season will bring. If anyone has ideas or suggestions for activities they would like to participate in, please know that my office door is always open!

- Erin Grable, West Shore Senior Center Manager

A few Reminders:

We ask that everyone contact the office by 10 am the preceding day to order their lunch for the next day. Please be sure to indicate if you will be eating in house or would like your meal to go. If you would like to hand in your lunch calendar to Erin monthly that is also welcome.

As we are increasing the number of activities we're offering, it would be helpful for us to be prepared for the number of members we have participating in certain events. We ask that members please sign up ahead of time (monthly or weekly) for activities such as Tai Chi, Chair Yoga, and Bingo. This helps our instructors and guest bingo callers prepare for the size of the group they will be hosting.

Messiah Lifeways is very excited to continue renting out the community room to center members as well as anyone from the community. If you or someone you know is looking for a space to rent for a party, please contact Jen to talk about details!

West Shore Senior Center has a web page!

MessiahLifeways.org/WestShore

Shortly, you will be able to download the monthly newsletter, calendar of events, and menu from this webpage.

