

THE DELI

SERVED WITH KETTLE COOKED CHIPS, COLESLAW OR APPLESAUCE AND A PICKLE

TUNA MELT

Cheddar Jack Cheese, Pretzel Roll

8.50 | 456 Cal

CHICKEN CAESAR WRAP

Lettuce, Tomato, Parmesan Cheese, Croutons

7.95 | 533 CAL

CRAB CAKE SANDWICH

House Made Broiled Crab Cake, Lettuce, Tomato, Toasted Brioche Roll

8.95 | 460 Cal

CLASSIC CLUB

Ham or Turkey with American Cheese, Lettuce, Tomato, Bacon, White or Wheat Toast

7.95 | 817 Cal

THE BAT (Chef's favorite)

Turkey, Bacon, Avocado, Provolone Cheese, Roasted Garlic Aioli, Ciabatta Bread

8.50 | 520 Cal

BUILD YOUR DELI SANDWICH

Protein | Turkey, Ham and Tuna Salad

Cheese | American, Cheddar, Provolone, Swiss

Toppings | Lettuce, Tomato, Onion, Pickles

Bread | White, Wheat, and Marbled Rye

7.50 | *from* 360 Cal

HALF A DELI SANDWICH & SOUP

7.50 | *from* 300 Cal

2,000 calories a day is used for general nutrition advice, but calorie needs vary

Effective: 11.27.23



MTO SALADS

PITTSBURGH HOUSE SALAD

Mixed Greens, Cherry Tomato, Cucumber, Red Onion
Cheddar Jack Cheese, Crispy French Fries, Choice of
Dressing

Half...4.50|258 Cal Full...8.95|516 Cal (GF)

HARVEST SALAD

Mixed Greens, Blue Cheese Crumbles, Dried Cranberries
Candied Pecans, Sliced Apples, Apple Vinaigrette

Half...4.50|190 Cal Full...8.95|379 Cal (GF)

CLASSIC CAESAR

Romaine, Parmesan Cheese, Croutons , Parmesan crisp
and Caesar Dressing

Half...3.50|200 Cal Full...6.95|400Cal

BUILD YOUR OWN SALAD

Your Choice of Greens with up to 6 toppings

Half...3.50|*from* 300Cal Full...6.95|*from* 500Cal

Additional Toppings 0.75 each

Add a Protein

Tuna Salad 4.00|383

Grilled Chicken 4.00|140Cal

Grilled Shrimp 6.00|100Cal

Grilled Salmon 6.00|290Cal

Avocado 3.00| 160 (V)

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THE GRILL

SERVED WITH HOUSE MADE CHIPS, COLESLAW OR APPLESAUCE AND A PICKLE

PHILLY CHEESESTEAK

American Cheese, Peppers, Onions, Mushrooms

Amoroso Roll

8.50 | 555 Cal

REUBEN SANDWICH

Corned Beef, Swiss Cheese, Thousand

Island Dressing, Sauerkraut, Grilled Rye Bread

8.50 | 660 Cal

CHEESE QUESADILLA

Cheddar Jack Cheese, Diced Tomato, Diced Red Onion

8.50 | 444 Cal (V)

Add Chicken 3.00 | 171 Cal

Add Shrimp 4.00 | 161 Cal

Add Steak 5.00 | 290 Cal

BUILD YOUR BURGER

Lettuce, Tomato, Choice of Cheese, Choice of 2 Toppings

Toasted Brioche

8.50 | 597 Cal

IMPOSSIBLE BURGER AVAILABLE UPON REQUEST (V)

8.50 | 478 Cal

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The logo for CAFÉ 100, featuring the word "CAFÉ" in red and "100" in white inside a red circle.



ENTRÉE & SIDES

GRILLED SALMON

With Honey Pecan Cream
10.99 | 513 Cal (GF)

MARINATED GRILLED SIRLOIN STEAK

Sautéed Mushrooms and Onions or House Demi-Glace
12.49 | 560 Cal

ROASTED VEGETABLE & SHRIMP PASTA

Grilled Shrimp, Zucchini, Yellow Squash, Bell Peppers
Cherry Tomatoes, Pesto, Parmesan, Rigatoni Pasta
11.95 | 416 Cal

SKILLET CHICKEN PEPPERONATA

Tomatoes, Onion, Garlic, Basil, Bell Peppers, Parmesan
10.95 | 734 Cal

SIDES

RICE PILAF 1.75

FRENCH FRIES 2.50

SWEET POTATO FRIES 2.50

MAC & CHEESE 2.50

WHIPPED POTATOES 1.75

BABY SPINACH 1.75

BABY CARROTS 1.75

GREEN BEANS 1.75

BROCCOLI 1.75

GRILLED SQUASH MEDLEY
1.75

CAFÉ 100

Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of foodborne illness, especially if you have certain medical conditions.
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DAILY SPECIALS



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BREAKFAST

BELGIAN WAFFLE

With Berries & Whipped Cream

4.99 | 525 Cal

BUTTERMILK PANCAKES

4.50 | 340 Cal

FRENCH TOAST

4.25 | 640 Cal

BREAKFAST QUESADILLA

Flour Tortilla with Scrambled Eggs, Ham and Cheddar

5.25 | 629 Cal

TWO EGGS SERVED ANY WAY

With choice of toast

2.95 | 629 Cal

BREAKFAST SANDWICH

TWO EGGS AND CHOICE OF:

MEAT – Ham, Bacon, Sausage

CHEESE – American, Cheddar, Provolone or Swiss

BREAD – Bagel, English Muffin or Croissant

5.25 | 528 Cal

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BREAKFAST

BAKED OATMEAL

Peaches & Blueberries, Add Milk
3.95 | 525 Cal

EGG OMELET

Farm Fresh Eggs or Egg Whites and 3 add-ins.
Served with choice of Toast

Add-ins: Spinach, Tomatoes, Feta Cheese, Cheddar Cheese,
Onions, Peppers, Mushrooms, Bacon, Ham
Additional Add-Ins available at .75 each

5.25 | *from* 340 Cal

ALA CARTE ITEMS

Bacon, 3 strips
2.50 | 126 cal

Sausage Patties, 2 ea
2.50 | 132 cal

Hash Browns or Home Fries
2.50 | 185 cal

Toast and Butter

Cottage White Bread, Wheat Bread,
Wheat Kaiser, Marble Rye Bread,
Ciabatta, English Muffin
Gluten Free White Bread

1.00 | *from* 120 Cal

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