

Adult Day Newsletter



Winter 2023

Holiday Drive-Through



We will once again be hosting a holiday drive-through on Wednesday, December 13, from 6:00 – 8:00 pm. In the case of winter weather, the drive through will be postponed to Wednesday, December 20, 6:00 – 8:00 pm.

From the warmth of your car, start at the main entrance (off of Mt. Allen Drive) and drive through the Messiah Lifeways® campus, spot fun light displays and holiday decor along the way, listen to holiday jingles sung by carolers, pass by a live nativity, and enjoy complimentary hot chocolate and cookies to go. Children are also encouraged to bring their letter to Santa, as Santa's helpers will place it into

his mailbox—ensuring it makes its way to the North Pole in time for Christmas

There will be signs and traffic officers helping to direct drivers. You will follow the flow of traffic through campus to view the festive decor, later exiting through the west entrance on the other side of campus, onto Beechwood and Nittany Drive.

To ensure safety and traffic flow, only a limited number of cars will be admitted into the drive-through at one time. Additionally, all attendees are expected to remain in their vehicles at all times.

Inclement Weather



In the event of inclement weather with the colder months approaching, Messiah Lifeways Adult Day may choose to close, delay opening, or have an early dismissal.

We send out communications via an automated message system. Please make sure we have your updated phone numbers. The messages will come from our main line, 717.697.4666.

Please also check with the Adult Day Team to ***make sure your loved one has appropriate winter clothing*** here as an extra set in case of emergencies.

Nurses Note: Vaccinations

It is important for older adults to stay current with their vaccines. Some illnesses that are mild in people under the age of 65 can be severe in the older adults, leading to hospitalization and even death.

The following vaccines are recommended for older adults: Shingles (a two injection series), Influenza, Respiratory Syncytial Virus (RSV), Tetanus, Diphtheria, and Pertussis (Dtap). Pneumonia vaccines depend on which pneumonia vaccines you previously received. Please talk

with your healthcare provider to determine which vaccines you should receive.

Upcoming Holiday Schedules

Christmas Day

Monday, December 25 - Closed

New Years Day

Monday, January 1 - Closed

Wish List Items

If you would like to donate items to Adult Day, we could use the following items. Thank you!

Bingo Prizes

- Sugar-free candy
- Regular candy
- Small non-food items

Personal Care Items

- Pull-up style briefs
- Sanitary pads (liners)

Fall Festivities Recap

Fall Festival:



Pumpkin Contest:

For the second year in a row, Adult Day clients and team members were successful in a Best-in-Show win during the Annual Pumpkin Contest!



Pumpkin Pie a la Easy:

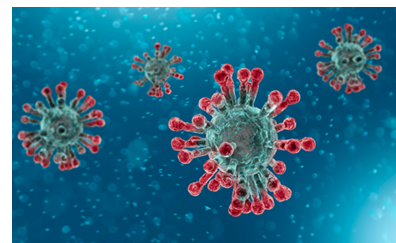


Recipe can be found at PamperedChef.com

Tea Party:



Illnesses



If your loved one is experiencing any of the following symptoms, please keep them at home. These symptoms are consistent with contagious illnesses:

- A fever of 100° or higher
- Discolored nasal drainage
- Chronic, productive cough
- Sore throat accompanied by a fever or swollen glands
- Thick mucus or pus draining from eye(s)
- Diarrhea or vomiting (Two or more episodes within the past 24 hours)
- Shingles with active lesions
- Cases of poison (oak, ivy, etc.) with draining lesions

If a client experiences any of the above symptoms while at Adult Day, the client will be sent home early and will need to remain free of those symptoms for 24 hours before they can return.