

# Adult Day Activity Calendar

March 2024

<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>	<u>Friday</u>
<u>Daily Refreshments</u> 7:00 - 9:30 Light Breakfast 11:30 - 1:30 Lunch & Rest 2:30 Hydration <u>Daily Exercise</u> 10:30 & 2:30	* Activities are subject to change due to conditions beyond our control.	<i>When Jesus spoke again to the people, he said "I am the light of the world. Whoever follows me will never walk in darkness, but will have the light of life."            John 8:12</i>		<b>1</b> 9:30 Devotions 9:45 <b>March Trivia &amp; Gazette</b> 1:45 <b>Toss a Tune Game</b> 3:15 Group Games
<b>4</b> 9:30 Devotions 9:45 Hymn Sing w/Kathy 1:45 Bingo 3:15 Group Games 	<b>5</b> 9:30 Devotions 9:30 Music Therapy 9:45 <b>Spring Scarregories</b> 1:45 Trivia 2:00 Bible Study w/ Sandy 3:15 Group Games	<b>6</b> 9:30 Devotions 9:45 <b>Yesterdays</b> 10:30 Music Therapy 1:45 <b>Denine's Corner</b> 3:15 Group Games	<b>7</b> 9:30 Devotions 9:45 <b>March Word Games</b> 1:45 Bingo 3:15 Movie Matinee	<b>8</b> 9:30 Devotions 9:45 <b>Women Trail Blazers</b> 1:45 <b>Celebrating Dr. Seuss</b> 3:15 Group Games
<b>11</b> 9:30 Devotions 9:45 Sing-A-Long w/ Mim 1:45 Bingo 3:15 Group Games	<b>12</b> 9:30 Devotions 9:30 Music Therapy 9:45 <b>Good Luck - Bad Luck</b> 1:45 Trivia 2:00 Bible Study w/ Brenda 3:15 Group Games	<b>13</b> 9:30 Devotions 9:45 <b>Sing &amp; Spin Academy Award Songs</b> 10:30 Music Therapy 1:45 <b>Music w/ Larry Vittone</b> 3:15 Group Games	<b>14</b> 9:30 Devotions 9:45 <b>Irish Fun</b> 1:45 Bingo 3:15 Movie Matinee	<b>15</b> 9:30 Devotions 9:45 <b>Caitlyn Smiles Craft Kit Assembly</b> 1:45 <b>St. Patrick's Day Social</b> 3:15 Group Games 
<b>18</b> 9:30 Devotions 9:45 Hymn Sing w/ Kathy 1:45 Bingo 3:15 Group Games	<b>19</b> <i>Spring Begins</i> 9:45 Mystery Ride & Movie Matinee 1:45 Trivia 2:00 Bible Study w/Sandy 3:15 Group Games	<b>20</b> 9:30 Devotions 9:45 <b>Jeopardy</b> 10:30 Music Therapy 1:45 <b>Ladies Nails</b> 3:15 Group Games	<b>21</b> 9:30 Devotions 9:45 Music Therapy w/ Darlene 1:45 Bingo 3:15 Movie Matinee	<b>22</b> 9:30 Devotions 9:45 <b>What's Wrong w/ This Picture</b> 1:45 <b>Daffodil Day</b> 3:15 Group Games
<b>25</b> 9:30 Devotions 9:45 Sing-A-Long w/ Mim 1:45 Bingo 3:15 Group Games	<b>26</b> 9:30 Devotions 9:30 Music Therapy 9:45 <b>Spring Has Sprung</b> 1:45 Trivia 2:00 Bible Study w/ Brenda 3:15 Group Games	<b>27</b> 9:30 Devotions 9:45 <b>Tool Time</b> 10:30 Music Therapy 1:45 <b>Coca-Cola Fun</b> 3:15 Group Games 	<b>28</b> 9:30 Devotions 9:45 <b>Resurrection Eggs</b> 1:45 Bingo 3:15 Movie Matinee	<b>29</b> <i>Good Friday</i> 9:30 Devotions 9:45 Friday Fun 1:45 <b>Egg Decorating Traditions</b>  <i>Center Closes 3:00pm</i>

# Adult Day Menu

March 2024

<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>	<u>Friday</u>
				1 House Salad Beef Steak & Gravy Garlic Mashed Potatoes Seasoned Green Beans Cherry Cobbler
4 Garden Salad Rosemary Orange Chicken White and Wild Rice Blend Seasoned Broccoli Florets Frosted Carrot Cake	5 Tomato Feta Salad Chimichurri Pork Loin Dijon Red Potatoes Lemon Asparagus Blonde Bar	6 Pasta Salad Baked Fish New Lemon Potatoes Seasoned Yellow Squash Cherry Pie	7 Beef Barley Soup Burgundy Turkey Buttermilk Mashed Potato Seasoned Green Peas German Chocolate Cake	8 Macaroni Salad Crab Cakes Corn & Rice Pilaf Sicilian Blend Vegetables Blueberry Crisp
11 Marinated Veggie Salad Shrimp Scampi Fluffy Rice Stir Fried Vegetables Chocolate Cream Pie	12 Garden Salad Caprese Chicken Garlic Noodles Balsamic Brussel Sprouts Cherry Cheesecake Bar	13 Romaine & Onion Salad Pot Roast/Gravy Mashed Potatoes Italian Veggie Blend Peach Melba	14 Butternut Squash Apple Soup Herb Roasted Turkey Roasted Red Potatoes Seasoned Spinach Pumpkin Pie	15 Chow Chow Seafood Newburg Herbed Penne Pasta Dilled Peas Strawberry Sundae
18 Wedge Salad Honey Citrus Salmon Fluffy Rice Capri Veggie Blend Coconut Cake	19 Pickled Beet & Onions Salisbury Steak & Gravy Buttermilk Mashed Potatoes Brussel Sprouts with Bacon Lemon Meringue Pie	20 Tossed Salad Herb & Mustard Crusted Pork Loin Garlic Noodles Green Beans Apple Dumplings	21 Split Pea Soup Roast Turkey & Gravy Au Gratin Potatoes Parslied Carrots Blondie Bar	22 Caesar Salad Spaghetti & Meatballs Sicilian Blend Vegetables Chocolate Chess Pie
25 Garden Salad Herb Roasted Turkey Cheddar Mashed Potatoes Parslied Carrots Brownie	26 Caesar Salad Lemon Mustard Chicken Garlic Noodles Zucchini & Tomatoes Frosted White Cake	27 Tri-Color Pasta Salad Herb Roasted Salmon Confetti Rice Scandinavian Blend Vegetables Rocky Road Brownies	28 Cream of Potato Soup Garlic Shrimp Alfredo Pasta Seasoned Zucchini Lemon Bar	29 House Salad Beef Steak & Gravy Garlic Mashed Potatoes Seasoned Green Beans Cherry Cobbler