

Adult Day Activity Calendar May 2024

<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>	<u>Friday</u>
<p><u>Daily Refreshments</u> 7:00 - 9:30 Light Breakfast 11:30 - 1:30 Lunch & Rest 2:30 Hydration <u>Daily Exercise</u> 10:30 & 2:30</p>	<p>* Activities are subject to change due to conditions beyond our control. <i>Be strong and take heart, all you who hope in the Lord. Psalm 31:24</i></p>	<p>1 9:30 Devotions 9:45 May Gazette & Trivia 10:30 Music Therapy 2:00 Zembo Shrine String Band 3:15 Group Games</p>	<p>2 9:30 Devotions 9:45 Music Therapy 9:45 Maypole Centerpieces 1:45 Bingo 3:15 Movie Matinee</p>	<p>3 9:30 Devotions 9:45 Kentucky Derby 1:45 Cinco de Mayo 3:15 Group Games</p>
<p>6 9:30 Devotions 9:45 Hymn Sing w/ Kathy 1:45 Bingo 3:15 Group Games</p>	<p>7 9:30 Devotions 9:45 Egg Shell Sprouts 1:45 Trivia 2:00 Bible Study w/ Kim 3:15 Group Games</p>	<p>8 9:30 Devotions 9:45 Story Hour 10:30 Music Therapy 1:45 Bake Shop 3:15 Group Games</p>	<p>9 9:30 Devotions 9:45 Music Therapy 9:45 Scattergories 1:45 Bingo 3:15 Movie Matinee</p>	<p>10 9:30 Devotions 9:45 Picture It! 1:45 All Aboard - Trains 3:15 Group Games</p>
<p>13 9:30 Devotions 9:45 Sing-A-Long w/ Mim 1:45 Bingo 3:15 Group Games</p>	<p>14 9:30 Devotions 9:45 Group Crossword 1:45 Trivia 2:00 Bible Study w/ Brenda 3:15 Group Games</p>	<p>15 9:30 Devotions 9:45 For The Birds 10:30 Music Therapy 1:30 Penn State Master Gardeners Visit 3:15 Group Games</p>	<p>16 9:30 Devotions 9:45 Music Therapy 9:45 Arts & Crafts 1:45 Bingo 3:15 Movie Matinee</p>	<p>17 9:30 Devotions 9:45 Music w/ Kay 1:45 Name That Tune 3:15 Group Games</p>
<p>20 9:30 Devotions 9:45 Hymn Sing w/ Kathy 1:45 Bingo 3:15 Group Games</p>	<p>21 9:30 Mystery Ride & Movie Matinee 1:45 Trivia 2:00 Bible Study 3:15 Group Games</p>	<p>22 9:30 Devotions 9:45 Heart to Heart 10:30 Music Therapy 1:45 Pets Are Family Too! 3:15 Group Games</p>	<p>23 9:30 Devotions 9:45 Group Music Therapy 1:45 Bingo 3:15 Movie Matinee</p>	<p>24 9:30 Devotions 9:45 "Bees Buzzing" Around 1:45 Peanut Butter Apple Energy Cookies 3:15 Group Games</p>
<p>27 Memorial Day </p>	<p>28 9:30 Devotions 10:00 Bible Study w/ Brenda 1:45 Trivia 1:45 Dollar Tree Auction 3:15 Group Games</p>	<p>29 9:30 Devotions 9:45 Games People Play 10:30 Music Therapy 1:45 Flickin' Chicken 3:15 Group Games</p>	<p>30 9:30 Devotions 9:45 Music Therapy 9:45 Remembering Our Town 1:45 Bingo 3:15 Movie Matinee</p>	<p>31 9:30 Devotions 9:45 Active Games 1:45 May Wreaths 3:15 Group Games</p>

Adult Day Menu May 2024

<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>	<u>Friday</u>
		<p>1 Pasta Salad Baked Fish New Lemon Potatoes Seasoned Yellow Squash Cherry Pie</p>	<p>2 Beef Barley Soup Burgundy Turkey Buttermilk Mashed Potato Seasoned Green Peas German Chocolate Cake</p>	<p>3 Macaroni Salad Crab Cakes Corn & Rice Pilaf Sicilian Blend Vegetables Blueberry Crisp</p>
<p>6 Marinated Veggie Salad Shrimp Scampi Fluffy Rice Stir Fried Vegetables Chocolate Cream Pie</p>	<p>7 Garden Salad Caprese Chicken Garlic Noodles Balsamic Brussel Sprouts Cherry Cheesecake Bar</p>	<p>8 Romaine & Onion Salad Pot Roast/Gravy Mashed Potatoes Italian Veggie Blend Vanilla Ice Cream</p>	<p>9 Butternut Squash Apple Soup Herb Roasted Turkey Roasted Red Potatoes Seasoned Spinach Pumpkin Pie</p>	<p>10 Chow Chow Seafood Newburg Herbed Penne Pasta Dilled Peas Strawberry Sundae</p>
<p>13 Garden Salad Honey Citrus Salmon Fluffy Rice Capri Veggie Blend Coconut Cake</p>	<p>14 Pickled Beet & Onions Salisbury Steak & Gravy Buttermilk Mashed Potatoes Brussel Sprouts with Bacon Lemon Meringue Pie</p>	<p>15 Tossed Salad Herb & Mustard Crusted Pork Loin Garlic Noodles Creamed Spinach Apple Dumplings</p>	<p>16 Split Pea Soup Roast Turkey & Gravy Au Gratin Potatoes Parslied Carrots Blondie Bar</p>	<p>17 Autumn Pear Salad Spaghetti & Meatballs Sicilian Blend Vegetables Chocolate Chess Pie</p>
<p>20 Garden Salad Herb Roasted Turkey Cheddar Mashed Potatoes Parslied Carrots Brownie</p>	<p>21 Caesar Salad Lemon Mustard Chicken Garlic Noodles Zucchini & Tomatoes Frosted White Cake</p>	<p>22 Tri-Color Pasta Salad Herb Roasted Salmon Confetti Rice Scandinavian Blend Vegetables Rocky Road Brownies</p>	<p>23 Cream of Potato Soup Garlic Shrimp Alfredo Pasta Seasoned Zucchini Lemon Bar</p>	<p>24 House Salad Beef Steak & Gravy Garlic Mashed Potatoes Seasoned Green Beans Cherry Cobbler</p>
<p>27 Garden Salad Rosemary Orange Chicken White and Wild Rice Blend Seasoned Broccoli Florets Frosted Carrot Cake</p>	<p>28 Tomato Feta Salad Chimichurri Pork Loin Dijon Red Potatoes Lemon Asparagus Blonde Bar</p>	<p>29 Pasta Salad Baked Fish New Lemon Potatoes Seasoned Yellow Squash Cherry Pie</p>	<p>30 Beef Barley Soup Burgundy Turkey Buttermilk Mashed Potato Seasoned Green Peas German Chocolate Cake</p>	<p>31 Macaroni Salad Crab Cakes Corn & Rice Pilaf Sicilian Blend Vegetables Blueberry Crisp</p>