| Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|---|---|--|--|---|--|
| | | 1 Tarragon Roast Chicken Baked Pollock w/Roasted Tomatoes New Lemon Potatoes Steamed Yellow Squash | 2 Meatloaf w/Gravy Chicken Tenders w/Fries Buttermilk Mashed Potatoes Buttered Peas | 3 BBQ Chicken Thighs Crab Cakes Crispy Potato Wedges Confetti Corn | 4 Ham Loaf w/Pineapple Glaze Cornflake Chicken Mashed Potatoes Seasoned Green Beans |
| 6 Shrimp Scampi Beef and Broccoli Fluffy Rice Stir Fried Vegetables | 7 Caprese Chicken Honey Roast Pork Loin Garlic Noodles Balsamic Brussel Sprouts | 8 Herb Roasted Salmon Pot Roast Mashed Potatoes Italian Vegetables | 9 Roasted Turkey Potato Chive Crusted Cod Roasted Red Potatoes Seasoned Spinach | 10 Lemon Glazed Chicken Seafood Newburg Herbed Penne Pasta Dilled Peas | 11 Chicken Pot Pie Dijon Glazed Pork Chop Cheddar Mashed Potatoes Seasoned Zucchini |
| 13 Honey Citrus Salmon Chicken Marsala Fluffy Rice Capri Vegetables | 14 Chicken Fricassee Salisbury Steak with Gravy Buttermilk Mashed Potatoes Brussels Sprouts with Bacon | 15 Herb Mustard Pork Loin Baked Fish with Dill Sauce Garlic Noodles Creamed Spinach | 16 Roast Turkey with Gravy Beef Brisket Au Gratin Potatoes Parslied Carrots | 17 Spaghetti & Meat Sauce Lemon & Herb Baked Cod Buttered Spaghetti Sicilian Vegetables | 18 Homestyle Chicken Tenders Root Beer Ribs Baked Beans Parsley Cauliflower |
| 20 Herb Roasted Turkey Breast BBQ Pork Chop Cheddar Mashed Potatoes Parslied Carrots | 21 Pork Paprika Lemon Mustard Chicken Garlic Noodles Zucchini and Tomatoes | 22 Herb Roasted Salmon Beef Vegetable Stir Fry Confetti Rice Scandinavian Blend Vegetables | 23 Blackened Chicken Breast Garlic Shrimp Alfredo Pasta Seasoned Zucchini | 24 Broiled Lemon Cod Beef Pot Roast Garlic Mashed Potato Seasoned Green Beans | 25 Crispy Pork Loin Honey Lemon Chicken Scalloped Potatoes Seasoned Spinach |
| 27 Herb Roasted Chicken Popcorn Shrimp Po Boy White and Wild Rice Blend Seasoned Broccoli | 28 Chimichurri Pork Loin Garlic Steak Bites Dijon Red Potatoes Lemon Asparagus | 29 Tarragon Roast Chicken Baked Pollock w/Roasted Tomatoes New Lemon Potatoes Steamed Yellow Squash | 30 Meatloaf w/Gravy Chicken Tenders w/Fries Buttermilk Mashed Potatoes Buttered Peas | 31 BBQ Chicken Thighs Crab Cakes Crispy Potato Wedges Confetti Corn | 1 Ham Loaf w/Pineapple Glaze Cornflake Chicken Mashed Potatoes Seasoned Green Beans |
| | 6 Shrimp Scampi Beef and Broccoli Fluffy Rice Stir Fried Vegetables 13 Honey Citrus Salmon Chicken Marsala Fluffy Rice Capri Vegetables 20 Herb Roasted Turkey Breast BBQ Pork Chop Cheddar Mashed Potatoes Parslied Carrots 27 Herb Roasted Chicken Popcorn Shrimp Po Boy White and Wild Rice Blend | 6 Shrimp Scampi Beef and Broccoli Fluffy Rice Stir Fried Vegetables 13 Honey Citrus Salmon Chicken Marsala Fluffy Rice Capri Vegetables 20 Herb Roasted Turkey Breast BBQ Pork Chop Cheddar Mashed Potatoes Parslied Carrots 21 Pork Paprika Lemon Mustard Chicken Garlic Noodles Zucchini and Tomatoes 22 Rerb Roasted Chicken Popcorn Shrimp Po Boy White and Wild Rice Blend Lemon Asparagus White Potatoes Lemon Asparagus Lemon Asparagus Lemon Asparagus | 1 Tarragon Roast Chicken Baked Pollock w/Roasted Tomatoes New Lemon Potatoes Steamed Yellow Squash 6 Shrimp Scampi Beef and Broccoli Fluffy Rice Garlic Noodles Balsamic Brussel Sprouts 13 Honey Citrus Salmon Chicken Marsala Fluffy Rice Salisbury Steak with Gravy Buttermilik Mashed Potatoes Brussels Sprouts with Bacon 20 Herb Roasted Turkey Breast BBQ Pork Chop Cheddar Mashed Potatoes Parslied Carrots 21 Pork Paprika Lemon Mustard Chicken Garlic Noodles Creamed Spinach 22 Herb Roasted Turkey Breast BBQ Pork Chop Cheddar Mashed Potatoes Parslied Carrots 23 Lemon Mustard Chicken Beef Vegetable Stir Fry Confetti Rice Scandinavian Blend Vegetables 24 Pork Paprika Lemon Mustard Chicken Garlic Noodles Creamed Spinach 25 Lemon Asparagus Seed Pork Chicken Baked Pollock w/Roasted Dijon Red Potatoes Lemon Asparagus New Lemon Potatoes New Le | 1 1 1 1 1 2 1 1 1 1 | 1 Tarragon Roast Chicken Baked Pollock w/Roasted Tomatoes New Lemon Potatoes Steamed Yellow Squash Potatoes Potatoes Steamed Potatoes Steamed Potatoes Stir Fried Vegetables Potatoes Potatoes Stalian Vegetables Potatoes Stalian Vegetables Potatoes Salisbury Steak with Grayy Buttermilk Mashed Potatoes Brussels Sprouts with Bacon Potatoes Poral Potatoes Prasiled Carrots Potatoes Parsiled Carrots Potatoes Potatoes Potatoes Parsiled Carrots Parsiled Carrots Potatoes Parsiled Carrots Potatoes Parsiled Carrots Parsiled Car |

| Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|--|---|---|---|---|--|
| | | 1 Cheese and Vegetable Quesadilla Chicken Quesadilla Southwest Corn White Rice | 2 Shaker Pork Sandwich Broccoli Cheese Stuffed Chicken French Fries Steamed Cauliflower | 3 Italian Beef Sandwich Cheddar Tuna Melt Kettle Chips Coleslaw | 4 Shredded Pork Tacos Beef Tacos Black Beans Tortilla Chips/Salsa |
| 6 Buffalo Chicken Sandwich Sloppy Joe Sandwich Warm German Potato Salad Seasoned Green Beans | 7 Reuben Sandwich Eggplant Parmesan Linguine French Fries | 8 Philly Cheesesteak Chicken Tenders French Fries Zucchini and Squash Medley | 9 Smoked Brisket Patty Melt Potstickers Dill Potato Salad Vegetable Medley | 10 Beer Battered Cod Ham and Swiss Hot Grinder Baked Potato Steamed Broccoli | 11 BBQ Pork Sandwich Turkey Club Sandwich Macaroni and Cheese Stewed Tomatoes |
| 13 Meatball Hoagie Chicken Caesar Wrap Broccoli Slaw Potato Wedges | 14 Italian Sub Sandwich Crab Cake Sandwich Sweet Potato Fries Vegetable Medley | 15 French Dip Sandwich Chicken Ranch Sandwich Tater Tots Capri Vegetable Medley | 16 Ham and Cheese Melt Turkey and Swiss Melt Kettle Chips Pickle | 17 Fish and Chips Fried Shrimp French Fries Buttered Green Beans | 18 Beef Taco Salad Kielbasa and Sauerkrau Parslied Potatoes Yellow Corn |
| 20 Ham and Swiss Melt Fried Fish Sandwich French Fries Seasoned Broccoli | 21 Beef Tamale Pie Grilled Chicken Sandwich Potato Salad Southwest Black Beans | 22 Southwestern Turkey Wrap Beef Chili White Rice Buttered Corn | 23 Corned Beef and Swiss Melt Beef Lasagna Steak Cut Fries Creamed Peas | 24 Pesto Grilled Cheese and Tomato Sandwich Sausage and Peppers Tater Tots Vegetable Medley | 25 Meatball Hoagie Hawaiian Turkey Burger Whipped Sweet Potator Garlic Green Beans |
| 27 BBQ Beef Sandwich Spinach Quiche Baked Beans Corn Cobbette | 28 Italian Deli Wrap Stuffed Shells French Fries Steamed Broccoli | 29 Cheese and Vegetable Quesadilla Chicken Quesadilla Southwest Corn White Rice | 30 Shaker Pork Sandwich Broccoli Cheese Stuffed Chicken French Fries Steamed Cauliflower | 31 Italian Beef Sandwich Cheddar Tuna Melt Kettle Chips Coleslaw | 1 Shredded Pork Tacos Beef Tacos Black Beans Tortilla Chips/Salsa |
| | 6 Buffalo Chicken Sandwich Sloppy Joe Sandwich Warm German Potato Salad Seasoned Green Beans 13 Meatball Hoagie Chicken Caesar Wrap Broccoli Slaw Potato Wedges 20 Ham and Swiss Melt Fried Fish Sandwich French Fries Seasoned Broccoli 27 BBQ Beef Sandwich Spinach Quiche Baked Beans | 6 Buffalo Chicken Sandwich Sloppy Joe Sandwich Warm German Potato Salad Seasoned Green Beans 13 Meatball Hoagie Chicken Caesar Wrap Broccoli Slaw Potato Wedges 14 Italian Sub Sandwich Crab Cake Sandwich Sweet Potato Fries Vegetable Medley 20 Ham and Swiss Melt Fried Fish Sandwich French Fries Seasoned Broccoli 21 Beef Tamale Pie Grilled Chicken Sandwich French Fries Seasoned Broccoli 27 BBQ Beef Sandwich Spinach Quiche Spinach Quiche Baked Beans 7 Reuben Sandwich Eggplant Parmesan Linguine French Fries Litalian Sub Sandwich Crab Cake Sandwich Sweet Potato Fries Vegetable Medley 21 Beef Tamale Pie Grilled Chicken Sandwich Potato Salad Southwest Black Beans | 1 Cheese and Vegetable Quesadilla Chicken Quesadilla Chicken Quesadilla Chicken Quesadilla Southwest Corn White Rice 6 Buffalo Chicken Sandwich Sloppy Joe Sandwich Warm German Potato Salad Seasoned Green Beans 14 Italian Sub Sandwich Crab Cake Sandwich Chicken Tenders French Fries Zucchini and Squash Medley 13 Meatball Hoagie Chicken Caesar Wrap Broccoli Slaw Potato Wedges 14 Italian Sub Sandwich Crab Cake Sandwich Sweet Potato Fries Vegetable Medley 20 Ham and Swiss Melt Fried Fish Sandwich French Fries Potato Salad Southwest Black Beans 22 Southwestern Turkey Wrap Beef Chili White Rice Buttered Corn 27 BBQ Beef Sandwich Spinach Quiche Stuffed Shells French Fries Corn Cobbette Steamed Broccoli Southwest Corn | 1 Cheese and Vegetable Quesadilla Chicken Quesadilla Southwest Corn White Rice 8 Philly Cheesesteak Chicken Tenders French Fries Steamed Cauliflower 13 Posto Sandwich Warm German Potato Salad Seasoned Green Beans 14 Italian Sub Sandwich Crab Cake Sandwich Sweet Potato Fries Vegetable Medley 15 French Fries Steamed Cauliflower 16 Buffalo Chicken Sandwich Eggplant Parmesan Linguine French Fries Succhini and Squash Medley 16 Philly Cheesesteak Chicken Tenders French Fries Succhini and Squash Medley 17 Postickers Dill Potato Salad Vegetable Medley 18 Potato Salad Vegetable Medley 19 Smoked Brisket Patty Melt Potatickers Dill Potato Salad Vegetable Medley 19 Smoked Brisket Patty Melt Potatickers Potatickers Dill Potato Salad Vegetable Medley 19 Smoked Brisket Patty Melt Potato Salad Vegetable Medley 10 Smoked Brisket Patty Melt Potato Salad Vegetable Medley 10 Smoked Brisket Patty Melt Potato Salad Squash Medley 10 Smoked Brisket Patty Melt Potato Salad Squash Medley 10 Smoked Brisket Patty Melt Potato Salad Squash Medley 10 Smoked Brisket Patty Melt Potato Salad Squash Medley 11 Smoked Brisket Patty Melt Potato Salad Squash Medley 12 Southiniand Squash Medley 13 Southwest Brisket Patty Melt Potato Salad Southwest Potato Fries Squash Medley 24 Southwestern Turkey Wrap Beef Chilli White Rice Buttered Corn Steak Cut Fries Creamed Peas 12 Southwestern Turkey Wrap Beef Chilli White Rice Buttered Corn Steak Cut Fries Creamed Peas 14 Steak Cut Fries Creamed Peas 15 Shaker Pork Sandwich Broccoli Cheese and Vegetable Quesadilla Chicken Quesadilla Chicken Peroch Fries Southwest Corn Prench Fries | 1 Cheese and Vegetable Quesadilla Ghicken Quesadilla Ghicken Quesadilla Southwest Corn White Rice Stamed Cauliflower Steamed Cauliflower Calliflower Steamed Cauliflower Steamed Cauliflower Steamed Cauliflower Steamed Cauliflower Steamed Cauliflower Calliflower Calliflower Steamed Cauliflower Steamed Cauliflower Steamed Cauliflower Steamed Cauliflower Steamed Cauliflower Calliflower Calliflower Steamed Cauliflower Steamed Cauliflower Calliflower Calliflower Steamed Cauliflower Steamed Cauliflower Steamed Cauliflower Steamed Cauliflower Steamed Cauliflower Checken Talliflower Calliflower Steamed Cauliflower Steamed Cauliflower Steamed Cauliflower Steamed Cauliflower Steamed Cauliflower Checken Calliflower Calli |