



BREAKFAST

BELGIAN WAFFLE

With Berries & Whipped Cream

4.99 | 525 Cal

BUTTERMILK PANCAKES

4.50 | 340 Cal

FRENCH TOAST

4.25 | 640 Cal

BREAKFAST QUESADILLA

Flour Tortilla with Scrambled Eggs, Ham and Cheddar

5.25 | 629 Cal

TWO EGGS SERVED ANY WAY

With choice of toast

2.95 | 629 Cal

BYO BREAKFAST SANDWICH

EGG- Scrambled or Fried

MEAT – Ham, Bacon, Sausage

CHEESE – American, Cheddar, Provolone or Swiss

BREAD – White, Wheat or Rye Toast, Bagel, English Muffin
or Croissant

5.25 | 528 Cal

Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of foodborne illness, especially if you have certain medical conditions.

2,000 calories a day is used for general nutrition
advice, but calorie needs vary

Effective: 04.07.25



BREAKFAST

BAKED OATMEAL

Peaches & Blueberries, Add Milk
3.95 | 525 Cal

EGG OMELET

Farm Fresh Eggs or Egg Whites and 3 add-ins
Add-ins: Spinach, Tomatoes, Choice of Cheese, Onions
Peppers, Mushrooms, Bacon, Ham
Served with choice of Toast: White, Wheat, Rye
or English Muffin

Additional Add-Ins available at .75 each
5.25 | *from* 340 Cal

ALA CARTE ITEMS

Bacon, 3 strips
2.50 | 126 cal

Sausage Patties, 2 ea
2.50 | 132 cal

Hash Browns or Home Fries
2.50 | 185 cal

Toast and Butter
White, Wheat, Rye, English Muffin or
Gluten Free White Bread
1.00 | *from* 120 Cal

Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of foodborne illness, especially if you have certain medical conditions.

2,000 calories a day is used for general nutrition
advice, but calorie needs vary

Effective: 04.07.25

MTO SALADS

STRAWBERRY SALAD

Arcadian Mix, Feta Cheese, Toasted Almonds
Sliced Strawberries, Poppyseed Vinaigrette
Half...4.50|266 Cal Full...7.95|532 Cal (GF)

SPINACH & WATERMELON SALAD

Spinach, Diced Watermelon, Blueberries, Blue Cheese Crumbles
Chopped Walnuts, Balsamic Dressing
Half...4.50|160 Cal Full...7.95|320 Cal (GF)

CLASSIC CAESAR

Romaine, Parmesan Cheese, Croutons , Parmesan Crisp
Caesar Dressing
Half...4.50|200 Cal Full...7.95|400Cal

BUILD YOUR OWN SALAD

Your Choice of Greens with up to 6 toppings
Half...4.50|*from* 125 Cal Full...7.95|*from* 150 Cal
Additional Toppings 0.75 each

Add a Protein:

Tuna Salad 4.00|300cal
6oz. Grilled Chicken Breast 4.00|280Cal
(5) Grilled Shrimp 6.00|100 Cal
6oz Salmon 6.00|390 Cal
6oz Grilled Sirloin 6.00|350 Cal
Avocado 3.00| 140Cal (V)

Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of foodborne illness, especially if you have certain medical conditions.

2,000 calories a day is used for general nutrition advice, but calorie needs vary

Effective: 04.07.25





THE DELI

SERVED WITH HOUSE MADE CHIPS, COLESLAW OR APPLESAUCE AND A PICKLE

TUNA MELT

White Tuna Salad, Cheddar Jack Cheese, Pretzel Roll
8.50 | 456 Cal

CHICKEN CAESAR WRAP

Romaine Lettuce, Chicken, Tomato, Parmesan Cheese
7.95 | 533 CAL

CLASSIC CLUB

Ham or Turkey with American Cheese, Lettuce, Tomato
Bacon, White or Wheat Toast
7.95 | 750 Cal

TURKEY, BACON, AVOCADO- GRILLED CHEESE

Oven Roasted Turkey, Cheddar Cheese, Avocado
Smoked Bacon on Wheat
8.50 | 705 Cal

B.L.T SANDWICH

Bacon, Lettuce, Tomato and Mayo on White, Wheat or Rye
Toast
7.50 | 528 Cal

BYO DELI SANDWICH \$7.50 OR ½ BYO DELI SANDWICH & SOUP

Protein | Turkey, Ham and Tuna Salad
Cheese | American, Cheddar, Provolone, Swiss
Toppings | Lettuce, Tomato, Onion
Bread | White, Wheat or Rye
7.50 | *from* 360 Cal

2,000 calories a day is used for general nutrition
advice, but calorie needs vary

Effective: 04.07.2025





THE GRILL

SERVED WITH HOUSE MADE CHIPS, COLESLAW OR APPLESAUCE AND A PICKLE

Or Upgrade to Fries for 1.50 more

PHILLY CHEESESTEAK

American Cheese, Peppers, Onions, Mushrooms

Amoroso Roll

8.50 | 555 Cal

REUBEN SANDWICH

Corned Beef, Swiss Cheese, Thousand

Island Dressing, Sauerkraut, Grilled Rye Bread

8.50 | 660 Cal

CHEESE QUESADILLA

Cheddar Jack Cheese, Diced Tomato, Diced Red Onion

8.50 | 444 Cal (V)

Add Chicken 4.00 | 171 Cal

Add Shrimp 6.00 | 85 Cal

Add Steak 6.00 | 350 Cal

BUILD YOUR BURGER

Lettuce, Tomato, Choice of Cheese or

Bacon, Grilled Onions or Mushrooms

(.50 additional charge)

Toasted Brioche

9.00 | from 680 Cal

Black Bean Burger or the Impossible Burger are always available upon request (V)

2,000 calories a day is used for general nutrition advice, but calorie needs vary

Effective: 04.07.2025



ENTRÉE & SIDES

GRILLED SALMON WITH MANGO SALSA

Served with Rice Pilaf with Choice of Vegetable

13.95 | 500 Cal (GF)

BASEBALL SIRLOIN FILET with FRENCH FRIES

5 oz Sirloin Filet, French Fries with Choice of Vegetable

14.95 | 510 Cal (GF)

CHEF'S CRAB CAKE DINNER

One Lump Crab Cake Served with Choice of Two Sides

14.95 | 360 Cal

GRILLED CHIPOTLE ORANGE CHICKEN

Served with Chimichurri Sauce, Rice Pilaf with Choice of Vegetable

13.95 | 450 Cal

LEMON GRILLED SHRIMP OVER HERBED PAPPARDELLE PASTA

Gulf White Shrimp, Spinach, Herbed Pappardelle Pasta
Lemon Herb Butter

13.95 | Cal 635

SIDE CHOICES

RICE PILAF 1.75

WHIPPED POTATOES 1.75

BABY SPINACH 1.75

BABY CARROTS 1.75

GREEN BEANS 1.75

BROCCOLI 1.75

GRILLED SQUASH MEDLEY 1.75

ALA CARTE SIDES

FRENCH FRIES 2.50

SWEET POTATO FRIES 2.50

MAC & CHEESE 2.50



2,000 calories a day is used for general nutrition advice, but calorie needs vary

Effective: 04.07.25