

# Mechanicsburg Place

## Activity Calendar

May 2025

Monday	Tuesday	Wednesday	Thursday	Friday
<p>Activities are subject to change due to team member availability, weather, and other conditions beyond our control</p>			<p><b>1</b>  9:00 am   Billiards  10:00 am   Healthy Steps  11:00 am   Blood Pressure  12:00 pm   Dice/Card game</p>	<p><b>2</b>  9:00 am   Billiards  10:00 am   Line Dancing  12:30 pm   Bingo w/Laurel  1:30 pm   Cards/Games</p>
<p><b>5</b>  10:00 am   Devotions  12:00 noon   Games/Cards  12:30 pm   Tai Chi  for Arthritis/Fall Prevention-  \$3/pp</p>	<p><b>6</b>  9:00 am   Billiards  10:00 am   Healthy Steps  12:00 pm   Games/Cards</p>	<p><b>7</b>  9:00 am   Billiards  10:00 am   Chair Yoga-DVD  12:00 noon   Struggling Musicians  12:00 pm   Dice/Card games</p>	<p><b>8</b>  9:00 am   Billiards  10:00 am   Healthy Steps  11:00 am   Blood Pressure  12:00 noon   Dice/Card game</p>	<p><b>9</b>  9:00 am   Billiards  10:00 am   Line Dancing  12:30 pm   Bingo w/Lauren  1:30 pm   Cards/Games</p>
<p><b>12</b>   <b>CLOSED</b>  <b>KETTLE KITCHEN</b>  <b>TRIP</b></p>	<p><b>13</b>  9:00 am   Billiards  10:00 am   Healthy Steps  10:00 am   Games/Cards  12:00 pm   Phone Tech Round Table</p>	<p><b>14</b>  9:00 am   Billiards  10:00 am   Tai Chi-DVD  12:00 noon   Struggling Musicians  12:00 pm   Dice/Card games</p>	<p><b>15</b>  9:00 am   Billiards  10:00 am   Healthy Steps  11:00   Blood Pressure  12:00 pm   Dice/Card game</p>	<p><b>16</b>  9:00 am   Billiards  10:00 am   Line Dancing   <b>CLOSING AT 12 NOON</b>  <b>DUTCH APPLE TRIP</b>  <b>Leaving at 4:30PM</b></p>
<p><b>19</b>  10:00 am   Devotions  12:00 noon   Jar Craft w/Marianne  12:30 pm   Tai Chi  for Arthritis/Fall Prevention-  \$3/pp</p>	<p><b>20</b>  9:00 am   Billiards  9:30 am   CCOA Property Tax/Rent Rebate  10:00 am   Healthy Steps  10:00 am   Games/Cards</p>	<p><b>21</b>  9:00 am   Billiards  10:00 am   Chair Yoga-DVD  12:00 noon   Struggling Musicians  12:00 noon   Dice/Card games</p>	<p><b>22</b>  9:00 am   Billiards  10:00 am   Healthy Steps  11:00 am   Blood Pressure  12:00 pm   Dice/Card game</p>	<p><b>23</b>   <b>CLOSED</b>  <b>MEMORIAL DAY</b>  <b>COOKOUT</b></p>
<p><b>26</b>   <b>CLOSED</b>  <b>MEMORIAL DAY</b></p>	<p><b>27</b>  9:00 am   Billiards  10:00 am   Healthy Steps  12:00 noon   Games/Cards  12:00 noon   Metal Plate Painting w/Barb K.</p>	<p><b>28</b>  9:00 am   Billiards  10:00 am   Tai Chi-DVD  12:00 pm   Struggling Musicians  12:00 pm   Dice/Card games</p>	<p><b>29</b>  9:00 am   Billiards  10:00 am   Healthy Steps  11:00 am   Blood Pressure  12:00 noon   Dice/Card game</p>	<p><b>30</b>  9:00 am   Billiards  10:00 am   Line Dancing  12:30 pm   Bingo w/Anne Marie  1:30 pm   Cards/Games</p>

# Mechanicsburg Place

## Menu

May 2025

Monday	Tuesday	Wednesday	Thursday	Friday
Menu subject to change			<b>1</b> Pork Loin w/mushroom sauce Brown Rice Broccoli & Dinner roll Blushed Fruit Choc Milk	<b>2</b> Stuff Pepper w/tomato Sauce Garlic Whip Potatoes Carrots White Bread & Pudding Milk
<b>5</b> BBQ Pork Ribette Sandwich Buttered Pasta Brussel Sprouts Pineapple Delight Milk	<b>6</b> Roast Beef w/gravy Mashed Potatoes Carrots & Italian Bread Pineapple & Mandarin Oranges & Milk	<b>7</b> Stadium Hot Dog Cheesy Potatoes Peas Fresh Fruit Milk	<b>8</b> Chicken, Spinach & Cranberry Salad w/dressing Broccoli Salad Breadstick Cake & Choc Milk	<b>9</b> Chicken Salad Sandwich Cream of Potato Soup Pickled Beets Fresh Fruit Milk
<b>12</b>  <b>CLOSED</b> <b>KETTLE KITCHEN</b> <b>TRIP</b>	<b>13</b> Chicken Philly Cheesesteak Cream of Spinach Soup Coleslaw Gelatin Milk	<b>14</b> Shrimp Scampi Creamy Pasta Lemon Pepper Broccoli Breadstick Fresh Fruit & Milk	<b>15</b> Swiss Steak w/onion gravy Cabbage & Noodles Green beans Wheat bread Choc Pudding & Choc Milk	<b>16 <u>CLOSE AT 12 NOON</u></b> Sliced Ham Tri Color Sweet Potatoes Peas Dinner roll Cookie & Milk
<b>19</b> Pot Roast w/gravy Mashed Potatoes Mixed vegetables Wheat Bread Fruit Crisp & Milk	<b>20</b> Grilled Chicken Salad Cream of Broccoli Soup Dinner roll Pineapple Milk	<b>21</b> Cabbage Roll Casserole Garlic Whip Potatoes Carrots Dinner roll Fresh fruit & Milk	<b>22</b> Western Omelet w/peppers, onions & Cheese Sausage Patty & Choc Milk Breakfast Potatoes English Muffin & Apple Juice	<b>23</b>  <b>CLOSED</b> <b>MEMORIAL DAY</b> <b>COOKOUT</b>
<b>26</b>  <b>CLOSED</b> <b>MEMORIAL DAY</b>	<b>27</b> Balsamic Chicken Rosemary white Beans Tomatoes & Zucchini Garlic Breadstick Fresh Fruit & Milk	<b>28</b> Sloppy Joe Sandwich Roasted Sweet Potatoes Cauliflower Oatmeal Creme Pie Milk	<b>29</b> Bake Crab Cake Tomato Basil Soup California Blend Vegetables Wheat Bread & Choc Milk Pineapple Tidbits	<b>30</b> Vegetable Lasagna Toss Salad w/dressing Green Beans Dinner Roll Cookie & Milk
97 W Portland St, Mechanicsburg, PA 17055   717.591.5581   <a href="http://MessiahLifeways.org">MessiahLifeways.org</a>				

# Mechanicsburg Place

## Activity Calendar

June 2025

Monday	Tuesday	Wednesday	Thursday	Friday
<b>2</b> 10:00 am   Devotions 12:00 noon   Globe Craft w/Linda 12:30 pm   Tai Chi for Arthritis/Fall Prevention- \$3/pp	<b>3</b> <b>CLOSED</b> <b>LAKE TOBIAS TRIP</b>	<b>4</b> 9:00 am   Billiards 10:00 am   Chair Yoga-DVD 12:00 pm   Struggling Musicians 12:00 noon   Dice/Card games	<b>5</b> 9:00 am   Billiards 10:00 am   Healthy Steps 11:00 am   Blood Pressure 12:00 noon   Dice/Card game	<b>6</b> 9:00 am   Billiards 10:00 am   Line Dancing 12:30 pm   Bingo w/Barb 1:30 pm   Cards/Games
<b>9</b> 10:00 am   Devotions 12:00 noon   Jar Craft wk #2 12:30 pm   Tai Chi for Arthritis/Fall Prevention- \$3/pp	<b>10</b> 9:00 am   Billiards 10:00 am   Healthy Steps 10:00 am   Games/Cards 12:00 noon   Phone Tech Round Table	<b>11</b> 9:00 am   Billiards 10:00 am   Tai Chi-DVD 12:00 noon   Struggling Musicians 12:00 pm   Dice/Card games	<b>12</b> 9:00 am   Billiards 10:00 am   Healthy Steps 11:00 am   Blood Pressure 12:00 pm   Dice/Card game	<b>13</b> <b>CLOSED</b> <b>KNOEBELS TRIP</b>
<b>16</b> 10:00 am   Devotions 12:00 noon   Games/Cards 12:30 pm   Tai Chi for Arthritis/Fall Prevention- \$3/pp	<b>17</b> 9:00 am   Billiards 10:00 am   Healthy Steps 12:00 pm   Games/Cards	<b>18</b> 9:00 am   Billiards 10:00 am   Chair Yoga-DVD 12:00 noon   Struggling Musicians 12:00 noon   Dice/Card games	<b>19</b> 9:00 am   Billiards 10:00 am   Healthy Steps 11:00 am   Blood Pressure 12:00 pm   Dice/Card game	<b>20</b> <b>CLOSED</b> <b>ELECTRIC CITY TROLLEY TRIP</b>
<b>23</b> 10:00 am   Devotions 12:00 noon   Games/Cards 12:30 pm   Tai Chi for Arthritis/Fall Prevention- \$3/pp	<b>24</b> 9:00 am   Billiards 10:00 am   Healthy Steps 12:00 pm   Games/Cards	<b>25</b> 9:00 am   Billiards 10:00 am   Tai Chi-DVD 12:00 noon   Struggling Musicians 12:00 noon   Dice/Card games	<b>26</b> 9:00 am   Billiards 10:00 am   Healthy Steps 11:00   Blood Pressure 12:00 noon   Dice/Card game	<b>27</b> 9:00 am   Billiards 10:00 am   Line Dancing 12:30 pm   Bingo 1:30 pm   Cards/Games
<b>30</b> 10:00 am   Devotions 12:00 noon   Games/Cards 12:30 pm   Tai Chi for Arthritis/Fall Prevention- \$3/pp				Activities are subject to change due to team member availability, weather, and other conditions beyond our control

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## Menu

June 2025

Monday	Tuesday	Wednesday	Thursday	Friday
<b>2</b> Salisbury Steak w/gravy Bake Potato Broccoli Wheat Bread & Gelatin Milk	<b>3</b>  <b>CLOSED</b> <b>LAKE TOBIAS</b> <b>TRIP</b>	<b>4</b> Kielbasa & Sauerkraut Homemade Haluski Brussel Sprouts Applesauce Milk	<b>5</b> Cheeseburger BBQ Bake Beans Toss Salad w/tomato Fresh Fruit Choc Milk	<b>6</b> Open Face Turkey Sandwich w/gravy Whip Potatoes w/chives Sweet Corn & Milk White Bread & cookie
<b>9</b> Chili Toss Salad w/tomato Cornbread Applesauce Milk	<b>10</b> Turkey Chef Salad Vegetable Soup Dinner roll Fresh fruit Milk	<b>11</b> Swedish Meatballs Buttered Noodles Peas Dinner Roll Fresh Fruit & Milk	<b>12</b> Sweet & Sour Pork Brown rice Broccoli & Cauliflower Blend Wheat Bread Gelatin & Choc Milk	<b>13</b>  <b>CLOSED</b> <b>KNOEBELS</b> <b>TRIP</b>
<b>16</b> Stuff Pepper w/tomato Sauce Garlic whip Potatoes Carrots & White Bread Fresh Fruit & Milk	<b>17</b> Taco salad Tortilla Chips Tortilla Soup Fresh fruit Milk	<b>18</b> Pasta & Meatballs w/Marinara Sauce Toss Salad w/Tomato Italian Bread Mixed Fruit Salad & Milk	<b>19</b> Pork Loin w/mushroom sauce Brown rice Broccoli Dinner Roll Pineapple & Choc Milk	<b>20</b>  <b>CLOSED</b> <b>ELECTRIC</b> <b>CITY TROLLEY</b> <b>TRIP</b>
<b>23</b> BBQ Pork Ribette Sandwhich Buttered Pasta Brussel Sprouts Pineapple Delight Milk	<b>24</b> Roast Beef w/gravy Mashed Potatoes Carrots & Milk Italian bread & fresh fruit	<b>25</b> Stadium Hot Dog Cheesy Potatoes Peas Pineapple, Mandarin oranges Milk	<b>26</b> Chicken, Spinach & Cranberry Salad w/dressing Broccoli Salad Breadstick & Cake Choc Milk	<b>27</b> Chicken salad Sandwich Cream Of Potato Soup Pickled Beets Fresh Fruit Milk
<b>30</b> Korean Meatballs White Rice Oriental Vegetables Wheat Bread Fresh Melon & Milk				<b>Menu subject to change</b>