

West Shore Senior Center

Activity Calendar

May 2025

Monday	Tuesday	Wednesday	Thursday	Friday
			1 9:00 am Billiards 10:00 am Bingo 12:00 noon Blood Pressure 12:00 noon Card games 12:00 noon Tai Chi	2 9:00 am Billiards 10:45 am Chair Yoga 12:00 noon Cards 12:00 noon Dominos 12:00 noon Chair Zumba
5 CLOSED Cinco De Mayo Party	6 9:00 am Billiards 10:00 noon Games/Cards 12:00 noon Boomwackers	7 9:00 am Billiards 10:00 am Bible Study 12:00 noon Healthy Steps 12:00 noon Card games	8 9:00 am Billiards 10:00 am Bingo 12:00 noon Blood Pressure 12:00 noon Card games 12:00 noon Tai Chi	9 9:00 am Billiards 10:45 am Chair Yoga 12:00 noon Cards 12:00 noon Dominos 12:00 noon Chair Zumba
12 9:00 am Billiards 10:45 am Chair Yoga 12:00 noon Cards 12:00 noon Dominos	13 9:00 am Billiards 10:00 noon Games/Cards 12:00 noon Boomwackers	14 9:00 am Billiards 10:00 am Bible Study 12:00 noon Healthy Steps 12:00 noon Card games 12:00 noon Majic Bubble Show	15 9:00 am Billiards 10:00 am Bingo 12:00 noon Blood Pressure 12:00 noon Card games 12:00 noon Tai Chi	16 CLOSED Dutch Apple - Fiddler on the Roof
19 9:00 am Billiards 10:45 am Chair Yoga 12:00 noon Cards 12:00 noon Dominos	20 9:00 am Billiards 10:00 noon Games/Cards 12:00 noon Boomwackers	21 9:00 am Billiards 10:00 am Bible Study 12:00 noon Healthy Steps 12:00 noon Card games	22 9:00 am Billiards 10:00 am Bingo 12:00 noon Blood Pressure 12:00 noon Card games 12:00 noon Tai Chi	23 9:00 am Billiards 10:45 am Chair Yoga 12:00 noon Cards 12:00 noon Dominos 12:00 noon Chair Zumba
26 CLOSED Memorial Day	27 9:00 am Billiards 10:00 noon Games/Cards 12:00 noon Boomwackers	28 9:00 am Billiards 10:00 am Bible Study 10:00 am Dementia training 12:00 noon Healthy Steps 12:00 noon Card games	29 9:00 am Billiards 10:00 am Bingo 12:00 noon Blood Pressure 12:00 noon Card games 12:00 noon Tai Chi	30 CLOSED Memorial Day BBQ

West Shore Senior Center

Menu

May 2025

Monday	Tuesday	Wednesday	Thursday	Friday
			1 Pork Loin Creamy Mushroom Sauce Brown Rice Broccoli Dinner roll/ Blushed Fruit Chocolate Milk	2 Stuffed Pepper Garlic Whipped Potatoes Carrots Pudding Milk
5 CLOSED Cinco De Mayo Party	6 Roast Beef w/ Gravy Mashed Potatoes Coin Carrots Pineapple & Mandarin Oranges Milk	7 Stadium Hot Dog Cheesy Potatoes Peas Fresh Fruit Milk	8 Chicken, Spinach, and Cranberry Salad Broccoli Salad Piece of Cake Chocolate Milk	9 Chicken Salad Sandwich Cream of Potato Soup Pickled Beets Fresh Fruit Milk
12 Korean Meatballs White Rice Oriental Vegetables Wheat Bread Fresh Melon & Milk	13 Chicken Philly Cheese Steak Cream of Spinach Soup Coleslaw Gelatin	14 Shrimp Scampi Creamy Pasta Lemon Pepper Broccoli Breadstick Fresh Fruit Milk	15 Swiss steak w/ Onion Gravy Cabbage and Noodles Green Beans Wheat Bread Chocolate Pudding Chocolate Milk	16 CLOSED Dutch Apple - Fiddler on the Roof
19 Pot Roast w/ Gravy Mashed Potatoes Mixed Vegetables Wheat Bread Fruit Crisp Milk	20 Grilled Chicken Salad Cream of Broccoli Soup Dinner Roll Pineapple Milk	21 Cabbage Roll Garlic Mashed Potatoes Carrots Dinner Roll Fresh Fruit & Milk	22 Western Omelet Sausage Patty Breakfast Potatoes English Muffin Apple Juice Chocolate Milk	23 BBQ Chicken Breast Country Collard Greens Baked Beans Dinner Roll Fresh Fruit Milk
26 CLOSED Memorial Day	27 Balsamic Chicken Rosemary White Beans Tomatoes & Zucchini Garlic Breadstick Fresh Fruit	28 Sloppy Joe Roasted Sweet Potatoes Cauliflower Dinner Roll Oatmeal cream pie & Milk	29 Baked Crab Cake Tomato Basil Soup California Blend Vegetables Wheat Bread Pineapple Tidbits	30 CLOSED Memorial Day BBQ

West Shore Senior Center

Activity Calendar

June 2025

Monday	Tuesday	Wednesday	Thursday	Friday
2 	3 CLOSED Lake Tobias	4 9:00 am Billiards 10:00 am Bible Study 12:00 noon Healthy Steps 12:00 noon Card games	5 9:00 am Billiards 9:00 am Bingo 12:00 noon Blood Pressure 12:00 noon Card games 12:00 noon Tai Chi	6 9:00 am Billiards 10:45 am Chair Yoga 12:00 noon Cards 12:00 noon Dominos 12:00 noon Chair Zumba
9 9:00 am Billiards 10:45 am Chair Yoga 12:00 noon Cards 12:00 noon Dominos	10 9:00 am Billiards 10:00 am Games/Cards 12:00 noon Boomwackers	11 9:00 Billiards 10:00 Bible Study 12:00 noon Healthy Steps 12:00 noon Card games	12 9:00 am Billiards 9:00 am Bingo 12:00 noon Blood Pressure 12:00 noon Card games 12:00 noon Tai Chi	13 CLOSED Knoebels
16 CLOSED Father's Day Picnic	17 9:00 am Billiards 10:00 am Games/Cards 12:00 noon Boomwackers	18 9:00 am Billiards 10:00 am Bible Study 12:00 noon Healthy Steps 12:00 noon Card games	19 9:00 am Billiards 9:00 am Bingo 12:00 noon Blood Pressure 12:00 noon Card games 12:00 noon Tai Chi	20 9:00 am Billiards 10:45 am Chair Yoga 12:00 noon Cards 12:00 noon Dominos 12:00 noon Chair Zumba
23 9:00 am Billiards 10:45 am Chair Yoga 12:00 noon Cards 12:00 noon Dominos	24 9:00 am Billiards 10:00 am Games/Cards 12:00 noon Boomwackers	25 9:00 am Billiards 10:00 am Bible Study 12:00 noon Healthy Steps 12:00 noon Card games	26 9:00 am Billiards 9:00 am Bingo 12:00 noon Blood Pressure 12:00 noon Card games 12:00 noon Tai Chi	27 9:00 am Billiards 10:45 am Chair Yoga 12:00 noon Cards 12:00 noon Dominos 12:00 noon Chair Zumba
30 9:00 am Billiards 10:45 am Chair Yoga 12:00 noon Cards 12:00 noon Dominos				Activities are subject to change due to team member availability, weather, and other conditions beyond our control.

West Shore Senior Center

Menu

June 2025

Monday	Tuesday	Wednesday	Thursday	Friday
2 Salisbury Steak w/ Gravy Baked Potato w/ Margarine Broccoli Wheat Bread Gelatin Milk	3 CLOSED Lake Tobias	4 Kielbasa w/ Sauerkraut Homemade Haluski Brussel sprouts Applesauce Milk	5 Cheeseburger Baked Beans Tossed Salad Fresh Fruit Choc Milk	6 Open Faced Turkey Sandwich w/ Gravy Whipped Potatoes w/ Chives Sweet Corn White Bread Cookie
9 Chili Cheddar Cheese Tossed Salad Corn Bread Apple Sauce Milk	10 Turkey Chef Salad Vegetable Soup Dinner Roll Fresh Fruit Milk	11 Swedish Meatballs Buttered Noodles Peas Dinner Roll Seasonal Fresh Fruit	12 Sweet & Sour Pork Brown Rice Broccoli & Cauliflower Blend Wheat Bread Gelatin	13 CLOSED Knoebels
16 CLOSED Father's Day Picnic	17 Taco Salad (Taco Meat, Cheddar, Lettuce, Tomato, Salsa) Tortilla Chips Tortilla Soup Fresh Fruit	18 Pasta & Meatballs Pasta w/ Marinara Tossed Salad w/ Tomato Italian Bread Mixed Fruit Salad	19 Pork Loin w/Creamy Mushroom Sauce Brown Rice Broccoli Dinner roll Pineapple Chocolate Milk	20 Baked Fish Macaroni and Cheese Stewed Tomatoes Wheat Bread Pudding Milk
23 BBQ Pork Ribette Sandwhich Buttered Pasta Brussel Sprouts Pineapple Delight Milk	24 Roast Beef w/ Gravy Mashed Potatoes Coin Carrots Italian Bread Fresh Fruit Milk	25 Stadium Hot Dog Cheesy Potatoes Peas Pineapple & Mandarin Oranges Milk	26 Chicken, Spinach and Cranberry Salad Broccoli Salad Piece of Cake Chocolate Milk	27 Chicken Salad Sandwich Cream of Potato Soup Pickled Beets Fresh Fruit Milk
30 Korean Meatballs White Rice Oriental Vegetables Wheat Bread Fresh Melon & Milk				Menu subject to change