

Adult Day Activity Calendar May 2026

<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>	<u>Friday</u>
<p><u>Daily Refreshments</u> 7:00 - 9:30 Light Breakfast 11:30 - 1:30 Lunch & Rest 2:30 Hydration</p>	<p>* Activities are subject to change due to conditions beyond our control.</p>	<p><i>"The Lord bless you and keep you; the Lord make his face shine on you and be gracious to you; the Lord turn his face toward you and give you peace".</i> <u>Numbers 6:24–26</u></p>		<p>1 9:30 Devotions 9:45 May Gazette & Trivia 10:30 Move w/ Mattie 1:45 Horsin' Around 2:30 Sit & Stretch 3:15 Group Time</p>
<p>4 9:30 Devotions 9:45 Hymn Sing 10:30 Move To Music 1:45 Ball Drop Game 2:30 Sit & Stretch 3:15 Group Time</p>	<p>5 9:30 Devotions 9:45 Bible Study w/ Brenda 10:30 Move to Music 1:45 Bingo 2:30 Sit & Stretch 3:15 Group Time</p>	<p>6 9:30 Devotions 9:45 A Mother's Role 10:30 Music Therapy 1:45 Bucket Ball 2:30 Sit & Stretch 3:15 Group Time</p>	<p>7 9:30 Devotions/Music Therapy 9:45 Backyard Chickens 10:30 Move to Music 1:45 Bingo 2:30 Sit & Stretch 3:15 Group Time</p>	<p>8 9:30 Devotions 9:45 A Good Idea 10:30 Move w/ Mattie 1:45 Sing-Along w/ Mim 2:30 Sit & Stretch 3:15 Group Time</p>
<p>11 9:30 Devotions 9:45 Tap, Tap, Tap 10:30 Move To Music 1:45 Bingo 2:30 Sit & Stretch 3:15 Group Time</p>	<p>12 9:30 Devotions 9:45 Bible Study 10:30 Move to Music 1:45 Game Day 2:30 Sit & Stretch 3:15 Group Time</p>	<p>13 9:30 Devotions 9:45 60's Flower Power 10:30 Music Therapy 1:45 Birdhouse Craft 2:30 Sit & Stretch 3:15 Group Time</p>	<p>14 9:30 Devotions/Music Therapy 9:45 Celebrate Armed Forces 10:30 Move to Music 1:45 Bingo 2:30 Sit & Stretch 3:15 Group Time</p>	<p>15 9:30 Devotions 9:45 Slow & Steady 10:30 Move w/ Mattie 1:45 Balloon Tennis 2:30 Sit & Stretch 3:15 Group Time</p>
<p>18 9:30 Devotions 9:45 Quirky Country Songs 10:30 Move To Music 1:45 Bingo 2:30 Sit & Stretch 3:15 Group Time</p>	<p>19 9:30 Devotions 9:45 Bible Study w/ Brenda 10:30 Move to Music 1:30-3:30 Afternoon Bus <i>Ride to Forrey's Drive-In</i></p>	<p>20 9:30 Devotions 9:45 Scattegories 10:30 Music Therapy 1:45 Music w/ Larry 2:30 Sit & Stretch 3:15 Group Time</p>	<p>21 9:30 Devotions/Music Therapy 9:45 Nifty 50 States 10:30 Move to Music 1:45 Spring Planting w/ the Master Gardeners 2:30 Sit & Stretch 3:15 Group Time</p>	<p>22 9:30 Devotions 9:45 Music With Doris & Dave 10:30 Move w/ Mattie 1:45 Famous Buildings 2:30 Sit & Stretch 3:15 Group Time</p>
<p>25 <i>Happy Memorial Day</i> CENTER CLOSED</p>	<p>26 9:30 Devotions 9:45 Bible Study 10:30 Move to Music 1:45 Word Mining 2:30 Sit & Stretch 3:15 Group Time</p>	<p>27 9:30 Devotions 9:45 Turtle Trivia 10:30 Music Therapy 1:45 Backyard Games 2:30 Sit & Stretch 3:15 Group Time</p>	<p>28 9:30 Devotions/Music Therapy 9:45 Song Lyric Scramble 10:30 Move to Music 1:45 Bingo 2:30 Sit & Stretch 3:15 Group Time</p>	<p>29 9:30 Devotions 9:45 Is it Fast or Slow 10:30 Move w/ Mattie 1:45 All Aboard! 2:30 Sit & Stretch 3:15 Group Time</p>

<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>	<u>Friday</u>
				1 Greek Salad Chicken Pot Pie Mashed Sweet Potatoes Asparagus Ice Cream Sundae & Toppings
4 Green Goddess Salad Lasagna Cauliflower Cherry Cobbler Week 3	5 Lettuce & Tomato Salad Chicken Parmesan Herbed Penne Pasta Balsamic Brussels Sprouts Chocolate Cake w/ PB Icing	6 Broccoli & Cheese Soup Glazed Ham Loaf Baked Sweet Potato Parslied Carrots Tapioca Pudding	7 Sausage Potato Tuscan Soup Cod w/ Garlic Butter Fluffy Rice Scandinavian Blend Veg Chocolate Chip Cookies	8 Sweet & Sour Cabbage Chicken Cacciatore Seasoned Egg Noodles Zucchini Parmesan Rocky Road Brownie
11 Tortellini Salad Roast Turkey & Gravy Mashed Potatoes Lemon Asparagus Lemon Crunch Pie Week 4	12 Spinach Orange Salad Maple Glazed Chicken w/ Dijon Pan Sauce Baked Sweet Potatoes Balsamic Brussels Sp. Carrot Cake	13 Cream of Mushroom Soup Meatloaf & Gravy Macaroni & Cheese Stewed Tomatoes Seasoned Green Peas Cobbler Blueberry	14 Chicken Tortilla Soup Turkey a la King & Biscuit Scalloped Potatoes Seasoned Spinach Chocolate Mousse	15 Chickpea Salad Teriyaki Salmon Fluffy Rice Seasoned Snap Peas Orange Sherbet
18 Ceasar Salad Parmesan Baked Cod Tri-Color Rotini Seasoned Zucchini Raspberry Sorbet Week 1	19 Lettuce & Tomato Salad Southern Fried Chicken Cheddar Mashed Potatoes Capri Blend Vegetables Tapioca Pudding	20 Wisconsin Cheddar Cheese Soup Marinated Beef Kabob Mashed Potatoes Cauliflower Cherry Pie	21 Cream of Potato Soup Lillian's Chicken Noodle Casserole Asparagus Cornbread Apricot Cobbler	22 Lettuce & Tomato Salad Lasagna Confetti Rice Sliced Dill Carrots Breadstick Red Pineapple Gelatin
25 <i>Happy Memorial Day</i>	26 Garden Salad Honey Citrus Salmon Garlic Mashed Potatoes Parslied Carrots Berry Crisp	27 Butternut Squash Soup Beef Cider Stew Baked Potato Pacific Blend Vegetables Lemon Loaf	28 Chicken Noodle Soup Roast Turkey Cheddar Mashed Pot. Sage Bread Dressing Seasoned Broccoli Pumpkin Pie	29 Greek Salad Chicken Pot Pie Mashed Sweet Potatoes Asparagus Ice Cream Sundae & Toppings