

# Mechanicsburg Place Activity Calendar



May 2026

Monday	Tuesday	Wednesday	Thursday	Friday
<p><b>Activities are subject to change due to team member availability, weather, and other conditions beyond our control</b></p>				<p><b>1</b>                      9:00 am   Billiards                      10:00 am   Line Dancing                      12:30 pm   Bingo w/Heidi</p>
<p><b>4</b>                      10:00 am   Devotions                      12:00 noon   Games/Cards                      12:30 pm   Tai Chi for Arthritis/Fall Prevention- \$3/pp</p>	<p><b>5</b>                      9:00 am   Billiards                      10:00 am   Healthy Steps                      10:00 am - 12:00 noon   Rent Rebate Help W/DOR                      12:00 noon   Games/Cards                      12:00 noon   Round Table</p>	<p><b>6</b>  <b>CLOSED</b>  <b>HARRISBURG SENATORS</b>                      Leave at 9:15 am                      Game @ 11:00 am</p>	<p><b>7</b>                      9:00 am   Billiards                      10:00 am   Healthy Steps                      11:00 am   Blood Pressure                      12:00 noon   Games/Cards</p>	<p><b>8</b>                      9:00 am   Billiards                      10:00 am   Line Dancing                      12:30 pm   Bingo w/Liz &amp; Crystal</p>
<p><b>11</b> 10:00 am   Devotions                      12:00 noon   Mother's Day Craft-Flowers w/Marianne                      12:00 noon   Games/Cards                      12:30 pm   Tai Chi for Arthritis/Fall Prevent./ \$3/pp</p>	<p><b>12</b>                      9:00 am   Billiards                      10:00 am   Healthy Steps                      12:00 noon   Beltone Presentation                      1:00 pm   Games/Cards</p>	<p><b>13</b>                      9:00 am   Billiards                      10:00 am   Tai Chi by DVD                      12:00 noon   Games/Cards                      12:30 pm   Struggling Musicians</p>	<p><b>14</b>                      9:00 am   Billiards                      10:00 am   Healthy Steps                      11:00 am   Blood Pressure                      12:00 noon   Games/Cards</p>	<p><b>15</b>  <b>CLOSED</b>                      Trip to  <b>WILBUR CHOCOLATES &amp; KNIGHT &amp; DAY DINER</b></p>
<p><b>18</b>                      10:00 am   Devotions                      12:00 noon   Games/Cards                      12:30 pm   Tai Chi for Arthritis/Fall Prevention- \$3/pp</p>	<p><b>19</b>                      9:00 am   Billiards                      10:00 am   Healthy Steps                      12:00 noon   Presentation &amp; Trivia w/Athletico Pivot                      1:00 pm   Cards/Games</p>	<p><b>20</b>                      9:00 am   Billiards                      12:00 noon   Games/Cards                      10:00 am   Chair Yoga by DVD (NO Struggling Musicians)</p>	<p><b>21</b>                      9:00 am   Billiards                      10:00 am   Healthy Steps                      11:00 am   Blood Pressure                      12:00 noon   Games/Cards</p>	<p><b>22</b>  <b>CLOSED</b>                      SERV SAFE CLASS                      9:00 am</p>
<p><b>25</b>  <b>CLOSED</b>  <b>MEMORIAL DAY</b></p>	<p><b>26</b>                      9:00 am   Billiards                      10:00 am   Healthy Steps                      12:00 noon   Games/Cards</p>	<p><b>27</b>                      9:00 am   Billiards                      10:00 am   Tai Chi by DVD                      12:00 noon   Games/Cards                      12:30 pm   Struggling Musicians</p>	<p><b>28</b>                      9:00 am   Billiards                      10:00 am   Healthy Steps                      11:00 am   Blood Pressure                      12:00 noon   Games/Cards</p>	<p><b>29</b>                      9:00 am   Billiards                      10:00 am   Line Dancing                      12:30 pm   Bingo w/Lauren</p>

# Mechanicsburg Place Menu Calendar



May 2026

Monday	Tuesday	Wednesday	Thursday	Friday
<b>Menu subject to change</b>				<b>1</b> Roast Beef w/Gravy Mashed Potatoes Carrots Italian bread Peach Crisp & Milk
<b>4</b> Tortellini w/Sausage Meat Sauce Garlic Green Beans California Blend Veggies Garlic herb Breadstick Diced Peaches & Milk	<b>5</b> Sweet & Sour Chicken Brown rice Broccoli Wheat Bread Fresh Fruit Milk	<b>6</b> <b>CLOSED</b>  <b>HARRISBURG SENATORS</b> <b>Leave at 9:15 am</b> <b>Game @ 11:00 am</b>	<b>7</b> Chicken, Spinach & Cranberry Salad w/Dressing Cauliflower Soup Dinner Roll Pudding Chocolate Milk	<b>8</b> Stuff Pepper Casserole Garlic Whip Potatoes Carrots White Bread Gelatin Milk
<b>11</b> Meatloaf w/Onion Gravy Garlic Whipped Potatoes Carrots Wheat Bread Fresh Fruit & Milk	<b>12</b> Swiss Steak w/Gravy Butter Noodles Green Beans Wheat Bread Pineapple Delight & Milk	<b>13</b> Breaded Dill Chicken Sandwich W/Lettuce & Tomato Roasted Potatoes Coleslaw Warm Apples & Milk	<b>14</b> Pork Loin w/Mushroom Sauce Brown Rice Broccoli Fresh Fruit & Choc Milk	<b>CLOSED</b>  <b>WILBUR CHOCOLATES &amp; KNIGHT &amp; DAY DINER</b>
<b>18</b> Cabbage Roll Casserole Garlic Whipped Potatoes Carrots Dinner Roll Fresh Fruit & Milk	<b>19</b> Grilled Chicken Salad Broccoli Soup Dinner Roll Fruited Gelatin Milk	<b>20</b> Pasta & Meatballs w/Alfredo Sauce Green Peas w/Pearl Onions Breadstick Fresh Fruit & Milk	<b>21</b> Pot Roast w/Gravy Mash Potatoes Mixed Vegetables White Bread Peaches & Chocolate Milk	<b>22</b> <b>CLOSED</b>  <b>SERV SAFE CLASS</b> <b>9:00 am</b>
<b>25</b> <b>CLOSED</b>  <b>MEMORIAL DAY</b>	<b>26</b> Chipped Ham BBQ Sandwich w/Provolone Seasoned Green Beans Coleslaw & Milk Warm Spiced Apples	<b>27</b> Chicken Cutlet w/Country Gravy Mashed Potatoes Brussel Sprouts White Bread & Blush Fruit Milk	<b>28</b> Pepper Steak in Tomato Sauce w/onions & peppers Bake Potato & Carrots Wheat Bread & Gelatin Chocolate Milk	<b>29</b> Tuna Salad Sandwich Broccoli Salad Pickle Beets Fresh Fruit & Milk

# Mechanicsburg Place Activity Calendar



June 2026

Monday	Tuesday	Wednesday	Thursday	Friday
<p><b>1</b> 10:00 am   Devotions 12:00 noon   Flag Craft w/Linda 12:00 noon   Games/Cards 12:30 pm   Tai Chi for Arthritis/Fall Prevention- \$3/pp</p>	<p><b>2</b> 9:00 am   Billiards 10:00 am   Healthy Steps 12:00 noon   Games/Cards 12:00 noon   Round Table</p>	<p><b>3</b> 9:00 am   Billiards 10:00 am   Chair Yoga by DVD 12:00 noon   Games/Cards 12:30 pm   Struggling Musicians</p>	<p><b>4</b> 9:00 am   Billiards 10:00 am   Healthy Steps 11:00 am   Blood Pressure 12:00 noon   Games/Cards</p>	<p><b>5</b> 9:00 am   Billiards 10:00 am   Line Dancing 12:30 pm   Bingo w/Anne Marie 1:30 pm   Cards/Games</p>
<p><b>8</b> 10:00 am   Devotions 12:00 noon   Games/Cards 12:30 pm   Tai Chi for Arthritis/Fall Prevention- \$3/pp</p>	<p><b>9</b> 9:00 am   Billiards 10:00 am   Healthy Steps 12:00 noon   Elder Justice Education Presentation 1:00 pm   Games/Cards</p>	<p><b>10</b> <b>CLOSED</b> <b>UTZ CHIPS</b> <b>SNYDER'S PRETZELS</b> <b>LUNCH at STARLIGHT DINER</b> <b>Leave at 9:00 am</b></p>	<p><b>11</b> 9:00 am   Billiards 10:00 am   Healthy Steps 11:00 am   Blood Pressure 12:00 noon   Games/Cards</p>	<p><b>12</b> 9:00 am   Billiards 10:00 am   Line Dancing 12:30 pm   Bingo w/Barb 1:30 pm   Cards/Games</p>
<p><b>15</b> 10:00 am   Devotions 12:00 noon   Games/Cards 12:30 pm   Tai Chi for Arthritis/Fall Prevention- \$3/pp</p>	<p><b>16</b> <b>CLOSED</b> <b>EISENHOWER FARM</b> <b>LUNCH at HUNTERSTOWN DINER</b> <b>Leave at 8:00 am</b></p>	<p><b>17</b> 9:00 am   Billiards 10:00 am   Chair Yoga by DVD 12:00 noon   Games/Cards 12:30 pm   Struggling Musician</p>	<p><b>18</b> 9:00 am   Billiards 10:00 am   Healthy Steps 11:00 am   Blood Pressure 12:00 noon   Games/Cards</p>	<p><b>19</b> <b>CLOSED</b> <b>SENIOR PROM</b> <b>Shippensburg</b> <b>10:00 am - 2:00 pm</b></p>
<p><b>22</b> 10:00 am   Devotions 12:00 noon   Games/Cards 12:30 pm   Tai Chi for Arthritis/Fall Prevention- \$3/pp</p>	<p><b>23</b> 9:00 am   Billiards 10:00 am   Healthy Steps 12:00 noon   Games/Cards</p>	<p><b>24</b> 9:00 am   Billiards 10:00 am   Tai Chi by DVD 12:00 noon   Games/Cards (NO Struggling Musicians)</p>	<p><b>25</b> 9:00 am   Billiards 10:00 am   Healthy Steps 11:00 am   Blood Pressure 12:00 noon   Bingo w/Kimberly(OASIS)</p>	<p><b>26</b> <b>CLOSED</b> <b>SUMMER FAIR</b> <b>Carlisle</b> <b>10:00 am - 2:00 pm</b></p>
<p><b>29</b> 10:00 am   Devotions 12:00 noon   Flag Wreath w/Marianne (limit 15) 12:30 pm   Tai Chi for Arthritis/Fall Prevention- \$3/pp</p>	<p><b>30</b> 9:00 am   Billiards 10:00 am   Healthy Steps 12:00 noon   Games/Cards</p>			<p>Activities are subject to change due to team member availability, weather, and other conditions beyond our control</p>

# Mechanicsburg Place Menu Calendar



June 2026

Monday	Tuesday	Wednesday	Thursday	Friday
<b>1</b> Vegetable Lasagna California Blend Vegetables Peas & Onions Garlic Breadstick Fresh Fruit & Milk	<b>2</b> Meatball Hoagie w/Mozzerella Pasta Fagioli Soup Side Salad w/dressing Fresh Fruit Milk	<b>3</b> Cheeseburger Golden Roasted Potatoes Mixed Vegetables Mandarin Oranges Milk	<b>4</b> Fire Grilled Chicken Breast Cheesy Broccoli & Rice Carrots & Dinner Roll Diced Pears Chocolate Milk	<b>5</b> Open Face Turkey Sandwich w/Gravy Whip Potatoes w/Chives Sweet Corn Cookie & Milk
<b>8</b> Salisbury Steak w/Gravy Bake Potato Mixed Vegetables Wheat Bread Cookie & Milk	<b>9</b> Turkey Chef Salad Vegetable Soup Wheat Bread Fruited Gelatin Milk	<b>10 CLOSED</b> <b>UTZ CHIPS</b> <b>SNYDER'S PRETZELS</b> <b>LUNCH at</b> <b>STARLIGHT DINER</b> <b>Leave at 9:00 am</b>		<b>12</b> Chicken Salad Sandwich Tomato/Cucumber Salad Macaroni Salad Fresh Fruit Milk
<b>15</b> Potato Crusted Pollock w/ Corn & Red Pepper Relish Mac n Cheese & Milk Stewed Tomatoes Wheat Bread & Fresh Fruit	<b>16 CLOSED</b> <b>EISENHOWER FARM</b> <b>LUNCH at</b> <b>HUNTERSTOWN</b> <b>DINER</b> <b>Leave at 8:00 am</b>		<b>17</b> Taco Salad Tortilla Chips Seasoned Sweet Corn Pineapple Milk	<b>18</b> Roast Beef w/Gravy Mashed Potatoes Carrots Italian Bread Peach Crisp & Chocolate Milk
<b>22</b> Tortellini w/Meat Sauce Garlic Green Beans California Blend Vegetables Garlic Herb Breadstick Diced Peaches & Milk	<b>23</b> Stuffed Pepper Casserole Garlic Whipped Potatoes Carrots White Bread Gelatin & Milk	<b>24</b> Sweet & Sour Chicken Brown Rice Broccoli Wheat Bread Fresh Fruit & Milk	<b>25</b> Chicken, Spinach & Cranberry Salad w/dressing Cauliflower Soup Dinner Roll Pudding & Chocolate Milk	<b>26</b> <b>CLOSED</b> <b>SUMMER FAIR</b> <b>Carlisle</b> <b>10:00 am - 2:00 pm</b>
<b>29</b> Chili w/Cheese Bake Potato Salad w/Dressing Cornbread Milk	<b>30</b> Swiss Steak w/Gravy Noodles & Green Beans Wheat Bread Pineapple Delight & Milk	<b>Menu subject to change</b>		